

# Developmental Snapshot

3 to 4 years old



Wyatt is a guy on the go these days! He loves to build huge forts in the living room or pretend he is digging a hole to another country when outside in the yard. When doing these different activities you are amazed at the vocabulary he is now using describing his work and play. He will say things like “this fort is gigantic” or “I am going to use the heaviest shovel” to really describe what he is doing. While Wyatt loves to do such things by himself he now has a few really good friends he likes to spend time with at school and inquires about at home as well. If one of his friends is sick he will come home and ask to make him a card demonstrate new empathy skills.

Whitney is very into craft time and working at the writing center. She will make a few marks at the bottom of her paper and tell you it is her name. She likes to do this with a wide range of writing tools like markers, pencils, crayons, and paints. She also loves to sort things. Anything she finds around the house she begins to put in groups, by shape, size, or color. When she isn't sitting down working on one of these projects she is having her own dance party wiggling, galloping, and jumping around to any kind of music. She will often sing a long to the song playing and want others to join in. Whitney also LOVES to pretend. One day she will put a ball in her belly and pretend she is having a baby and the next day she will be wearing costume jewelry and acting like a Queen. She really loves to act out the scenes from the latest book you read together.

## Try this...

- Your child loves to be a helper. Give them little tasks around the house. Bring the clothes to the laundry. Wash the fruit before snack. Walk together to get the mail.
- At dinner each night start the routine of having your child share, “Today I...” this builds their vocabulary and encourages them to reflect on their day. Find ways to build in descriptive words as you tell about your day.
- Find times for group games; hide-and-seek, red rover, red light green light, or basic board games. This fosters key problem solving skills and how to take turns, while also ensuring opportunities for fine and large motor growth.
- Create games that point out letters and numbers as a means of infusing pre-reading and math into the world around them.